

# **Healing From Cancer... It's Not About "the Fight"**

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**A Simple and Straightforward Way to Explain,  
Understand and Overcome Cancer**

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## **CANCER DOES NOT "STRIKE" AT RANDOM, AND IT DOESN'T HAPPEN WITHOUT A REASON OR A CAUSE**

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Did you know that in reality, in almost all cases of cancer the real causes have very little to do with the common risk factors we all know about?

**The real cause of cancer - that single, most important factor that first activates and causes cancer cells to start to grow in our bodies is actually based on natural and pre-programmed patterns of our emotional responses to stresses in life.**

Everyone is familiar with many of the common risk factors that can predispose them to developing cancer. Factors under our direct control include lifestyle choices such as smoking, excessive alcohol use, the quality and caliber of our dietary choices, and too much sunlight exposure without adequate protection.

Factors that are out of our control include toxins in the environment such as air and water pollution, and of course genetics, or a family history of cancer.

But these are almost never the bottom-line “causes” of cancer. It is the physical reactions to our *emotions* that triggers the biologic changes that actually causes cancer cells to start to grow.

### **How can that be so?**

We all feel a wide range of emotions that always flow throughout the body constantly, all the time. That flow of emotions is normally free and unrestricted. We feel emotions every day that don't necessarily become health problems. The mind and body can easily cope with them. The body is pre-programmed by Nature to “hold” certain emotions in specific organs. Some examples are: love, joy and happiness are held in the heart; the love and nurturing of a mother for her husband and children are held in her bosom; anger, which can become a locked-up ability to give and receive love resides in the liver. Feelings of fear, abandonment and rejection are held in the kidneys. Feelings of anger from being unable to accept that one has been somehow betrayed is often held in the stomach and colon areas. Issues involving stresses with family members affect the pancreas. Virtually all the emotions we experience have a place in the body where they are centered.

But when we experience a sudden shock to our emotions that is unexpected, severe, and *devastating*, it is a real trauma to the emotional system and the natural flow of emotional energy becomes blocked. Our minds interpret this blockage of energy flow as a “biological conflict”.

When we experience biological conflicts Nature has programmed us to immediately begin to grow more cells in the affected organ to help find resolutions to the conflicts. These new growths quickly become the tumors that we call “cancer”. This is actually an effort to make that organ more capable of coping with the stress related to the trauma. Before long the new growth can become out of control and find other places to grow. So, the bottom-line reality is that the tumors that we call cancer are a natural response of the body to the unavoidable stressors in life.

### **CANCER TREATMENT - ITS NOT ABOUT “THE FIGHT”**

Traditional medicine tells us that cancer should be treated as an invader, an enemy to be fought against and if one is really lucky, ultimately conquered. We must go in and aggressively “fight the cancer”. We must use treatments like chemotherapy, surgery and radiation therapy to kill and eliminate cancer cells as fast as possible. The prevailing theory is the more we “fight” the cancer the better.

## **Nothing could be further from the truth!**

When the causes of the biological conflicts are identified and explained then appropriate treatment becomes very clear. The body is also programmed such that the moment the biological conflicts are released the brain stops giving signals to grow cancer cells and the body will immediately begin to heal itself - naturally.

The key is to reverse the effects of the biological conflict and let the emotions start flowing again. It's releasing the emotion associated with the trauma of the conflict that removes the cause of the cancer and allows healing to move forward.

The *causes* of cancer must be treated for lasting health. Otherwise, regardless of what medical treatments are used to "fight the cancer", the body will continue to look for new places to grow tumor cells. This is the reason behind the vast majority of spreading and recurrences, or incomplete healing of cancer after traditional medical treatment.

## **Oh, really?**

Our experience shows that in almost all cases (over 40,000 case studies strong) that when the emotional blocks are released, the biologic conflicts can be resolved then the cancer goes into reverse mode and the body will begin to heal itself. In fact, Dr. Ryke Hamer, a German oncologist has a success rate for stage 4, "terminal" cancer patients living over 5 years after their diagnosis of over 90% using these principles!<sup>1</sup>

## **How Chemotherapy Really Can Be Useful**

Cancers caused from biological conflict have two phases - an Active Phase and a Healing Phase. As long as the biological conflict remains active cancers continue to look for places to grow. Once the biological conflict is released the cancer then goes into the Healing Phase. Chemotherapy in low-doses can be very useful in the Healing Phase to assist the body in cleaning-up the cancer cells.

When chemotherapy needs to be used, there is a much safer way of using it called **Insulin Potentiation Therapy, or IPT**. Traditional chemotherapy is a lot like setting off a bomb to get rid of an intruder in your home. You might get rid of the intruder, but your home will suffer considerable damage as well.

Using IPT for chemotherapy is more like using poisoned arrows against the intruder. You will target the intruder with pin-point accuracy while protecting your home from damage at the same time.

Treating the underlying causes of cancer and other chronic diseases is far and away one of the most gentle forms of treatment and has the most powerful healing results we have ever seen. Learn how thousands of people like you are enjoying longer, healthier and more productive lives through the simple yet powerful techniques of treating the underlying causes of cancer.

# H.O.P.E.

## Healing Options and Personal Empowerment

### Healing Options

**STOP!** When you are first diagnosed with cancer the best thing is to stop, look and listen. Become familiar with the principles of biological conflict and Integrative Medicine.

Conventional medicine has only three basic choices for treating cancer - chemotherapy, surgery, or radiation therapy. Sometimes combinations and variations of these are used but the basic choices are limited to these three.

Integrative Medicine also uses these three forms of treatment when they are necessary. Additionally, Integrative Medicine uses many other forms of treatment to help find and release biological conflicts - reversing the causes of cancer to help heal the whole person.

### Personal Empowerment

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**“Illness Is Not a Force to Take One Out of Life;  
Indeed it Is an Invitation to Be in the Center of One’s Life”**

**- Emmanuel**

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- ❖ **Personal Empowerment** is about making informed decisions for yourself rather than reacting out of fear. It is a calling to pay attention to the most important person in your life - YOU. We will teach self-help tools and support you in empowering yourself.
- ❖ **Remember You Are a Unique, Whole Individual**, not a statistical data. Avoid falling into the trap of applying “statistics” to your particular situation. Cancer affects each person differently, even if they are diagnosed with the same type of cancer. Your personal values and goals have a powerful influence on your treatment outcomes and healing.
- ❖ **Focus on Healing.** *The healing power within you is greater than any illness.* Do not give your power away to cancer. Your body’s amazing healing ability will be awakened by focusing on your strengths rather than on the weaknesses. Focusing on your healing will help you to feel in control of your life and create a new and meaningful life for yourself.
- ❖ **Educate Yourself.** You can take charge of your health by educating yourself about the different aspects of your treatment plan. It will help you to ease the fear and gain confidence about your choices.
- ❖ **Communicate** your feelings, thoughts and needs to your family, friends and care givers. You might feel frustrated and discouraged at times. Accepting and sharing your feelings will help you to regain your focus on healing. Asking for and accepting help from others will give them a feeling of empowerment also.

- ❖ **Truly compassionate and comprehensive cancer care** encompasses your overall psychological, physical, emotional, mental and spiritual health. Treating the whole human being without the debilitating side effects helps to maintain a hopeful and positive attitude even in the face of advanced cancer. Mortality of the body is a reality that most well-adjusted people acknowledge while enjoying life and being grateful for the time they have here on Earth. Cultivating this same attitude will not only help to optimize longevity but will also enhance the quality of your life.

## **Our Commitment to Empowering You**

- ❖ **Listening to You**  
We listen to you and acknowledge your needs and concerns. It is important that you feel confidence, comfort and compassion with the care you receive. We fully recognize that you are the final authority on your health care choices.
- ❖ **Addressing Your Needs**  
Most of the time the underlying cause of an illness can be found in a combination of environmental and internal factors. We look at nutritional, chemical, emotional/mental, spiritual, structural, energetic and life-style components and will address each as needed.
- ❖ **Providing a Caring Environment**  
During the course of your treatment and beyond you will be treated with respect, consideration and outmost care. We provide and encourage a happy, uplifting atmosphere where the focus is on getting and staying well.
- ❖ **Journeying with You**  
We are committed to guiding and supporting you to make the necessary adjustments that will help you to return to wellness. Once you begin your program with us you'll have a lifetime connection for continuing support that goes on long after the basic course of treatments.

# **An Integrative Medicine View of Cancer**

**“Cancer is a term used for diseases in which abnormal cells divide without control and are able to invade other tissues.”<sup>1</sup>** This is a direct quote taken from the website of the National Cancer Institute.

Describing “what” cancer is, what it looks like, what it does in the body and searching for ways to control it has been the subject of four decades of scientific research and billions upon billions of dollars invested. Science can describe clearly how cancer grows, what cancer looks like, what cancer does in the body, but as for ways to control it medical science has made precious little progress. Researchers like to make a big deal about something like a reported 1.8% reduction in cancer rates<sup>2</sup> and they call that statistically significant, but that’s not very significant when you are the statistic.

## **Cancer Is Characterized by a Change of Metabolism**

“Oxidative metabolism” is the term used to describe the normal, healthy process of the body’s cells to use oxygen to help “burn” foods to use for energy to maintain their normal metabolism.

Cancer cells however are characterized by a shift in this process. They can no longer use oxygen to burn foods; they become dependent on a process called “fermentation” to generate energy.

Compared to oxidative metabolism, fermentation is a very inefficient way to make energy. Cancer cells must use from 6 to 10 times as much fuel to meet their energy needs as healthy cells do.

The change from oxidative metabolism to fermentation is often very slow and gradual, which is why tumors can grow for long periods of time before they can even be detected.

## **Cancer Grows from the Inside-out**

Cancer is Nature’s way of responding to long-standing and unavoidable stress. Examples of “unavoidable stressors” include combinations of:

- ❖ accumulation of environmental toxins;
- ❖ deficiencies of essential nutrition;
- ❖ imbalances in the body's energy systems;
- ❖ and carrying unresolved emotional conflicts.

## **Cancer Has a Biological Purpose**

Let us set aside for a moment the idea that cancer is an “enemy” that has invaded the body and needs to be fought against and conquered. Cancer is not a contagious disease that we can “catch”. It develops from the inside-out. Therefore we must assume that the body has a reason for growing cancer although we may not always understand what that reason is.

Cancer is the result of a transformation of metabolism at the cellular level from healthy to unhealthy, from normal to abnormal. From the perspective of Integrative Medicine, the body responds to stresses of biological conflict in the environment for a reason, and with a biological purpose and meaningfulness behind the response.

## **Emotional Conflict Beliefs Are Often Linked to Cancer**

You may have had an experience of being in a moment of unusually strong happiness, love, and joy and feeling a certain “glow” coming from inside of you. Perhaps other people around you have even noticed or commented about this. This is an unconscious physical manifestation of your state of emotion at the time. Your brain and nervous system have taken that positive emotion of love and joy and caused it to manifest physically. It is a spontaneous process.

On the other hand if you are carrying emotional conflicts that are draining you and causing your energy fields to be out of balance, your brain and nervous system must do something with those emotions as well. When such emotional conflicts are very strong and sudden, or are carried for prolonged periods of time, they can eventually show up as tumors that can be characterized as “cancer” in various organs.

Carrying a sensation of being “out of control” in some aspect of life inevitably leads to the brain manifesting the same “out of control” response somewhere in the body. This is exactly what characterizes cancer cells. Their metabolism changes, they grow and proliferate wildly without the normal controls of the body and they are able to invade other tissues.

### **The Brain Controls the Growth of Tumors**

Our bodies are so wonderfully made and naturally integrated that we must accept that nothing grows in the body that the brain and nervous system doesn't know about. In fact the brain always has an important role in controlling whatever grows in the body. ***The same is true for reversing the growths of tumors.***

Interestingly and quite predictably, the brain will cause tumors to grow in parts of the body that correlate to the type of emotional conflicts that are driving them. The location of a tumor provides important clues about the nature of the underlying biological conflict behind it. Different emotions will show up as tumors in different body areas and different parts of the brain will be in control of these tumors.

Some examples are that conflicts related to survival such as obtaining food, breathing and reproduction show up as tumors in the digestive tract, lungs and reproductive organs. Conflicts of feeling poorly about oneself are called “self-devaluation conflicts”. These often show up as tumors in muscle, bone or lymph nodes.

Often the specific location of tumors is directly connected to the gender and if the person is right-handed or left-handed. A right-handed woman who has a conflict about her children will have a tumors growing in her left breast. If same woman has a conflict with her husband, the tumors will appear in the right breast. If the woman is left-handed then the tumors will be on the opposite sides.

# The Biological Phases of Cancer

## Every Cancer Actually Has Two Biological “Phases”

There are at least two phases to cancers - a “Conflict Phase” and a “Healing Phase”. People who have lingering and unresolved emotional conflicts are said to be in Conflict Phase. People who have been able to find a resolution to their emotions are said to be in Healing Phase. The proper treatments for patients in either the Conflict Phase or Healing Phase are quite different.

## How to Recognize “Conflict Phase”

During the Conflict Phase the person continues to feel entangled at some level with emotional conflict issues and has not been able to bring them to a resolution or conclusion. The conflict can remain active for that person for very long periods of time. During this time the mind and body will attempt to find a way to resolve the issue. Some of the characteristic symptoms include reduced quality or duration of sleep, having dreams that may be related to the conflict, loss of appetite, coldness in the hands and feet and anxiety.

Although this is unconscious, it is during the Conflict Phase that tumors begin to grow as one of the ways of the mind trying to find a way to resolve the conflict. There is a “biological purpose” for the tumor growth.

## Therapy During the Conflict Phase

Supportive therapy during the Conflict Phase needs to be directed at strengthening the body, restoring the nutritional balance, detoxifying at a cellular level and helping to reverse the “fermentation” process that cancer cells depend on. Natural energy systems must be re-balanced so that internal growth and repair can proceed normally. Treatments given during the Conflict Phase should support the body’s natural metabolism and immune system.

**One of the most important parts of Integrative Medicine is facilitating the transition of the brain and nervous system from Conflict Phase to the Healing Phase** (see Mind/Body Medicine, page 17) . This is when the brain gives the “turn-off” commands that stop the growth of tumors and signal the “turn-on” commands for cleaning up the tumors.

**Chemotherapy should never be used as a primary means of “fighting cancer”!** While we always want to control the cancer and stop it from growing or spreading, it is actually counter-productive to use chemotherapy drugs during the Conflict Phase. This is because the chemotherapy drugs themselves are so powerful that they keep the Conflict Phase active and prevent the body from shifting into Healing Phase. The best use of chemotherapy is in low-doses and then only to help clean up the tumors.

## Insulin Potentiation Therapy

For this purpose there is a very safe way of using chemotherapy called **Insulin Potentiation Therapy, or IPT**. IPT means using the natural hormone *insulin* to help reduce blood sugar to the point that the cancer cells become very vulnerable. Then small doses of chemotherapy drugs can be given which has the effect of directly targeting the already dying tumor cells with the chemotherapy medications.

There are two major advantages to using IPT. The first is that IPT is a very efficient way of delivering chemotherapy medications directly to the remaining tumor cells. Secondly, the quality of life is protected because patients do not have to endure the common side effects of conventional chemotherapy.

It is advisable however to use safer and more natural medications during the Conflict Phase that help target and weaken cancer cells. Tumor cells cannot develop a resistance to the effects of many natural medications. Natural medications also have the beneficial “side-effect” of strengthening and simulating the immune system.

### **Transitioning from Conflict Phase to Healing Phase**

One of the most important parts of Integrative Medicine is to help each person make the transition from Conflict Phase to Healing Phase. Special techniques are used to help open the mind and reach into areas where old memories are stored that may be at the source of emotional conflicts. This enables one to bring Light, Love and Forgiveness to areas where feelings of darkness, heartache and sorrow have been kept hidden away. Although we cannot alter one’s memory of events, together we can change the feelings and emotions associated with those memories. Then the mind can release the emotional conflicts and genuine healing can follow.

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## **Replacing Feelings of Resentment with Forgiveness Is a Powerful Way of Moving into Healing Phase**

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### **How to Recognize “Healing Phase”**

When the person has been able to get in touch with this emotional conflict belief and bring it to a resolution or a closure, they are able to transition from the Conflict Phase to the Healing Phase. During the Healing Phase the body uses Mother Nature to help “clean-up” the tumor debris. Outward symptoms tend to become much more noticeable such as swelling and inflammation of the tumor site. At first this often leads to increased pain and need for more sleep. As healing progresses the appetite returns and weight is regained, sleep is more restful and sound and there is increased warmth in the extremities. These are all indications that the body is in the Healing Phase, and it is naturally finding ways to reverse the growth of tumors.

### **Therapy During the Healing Phase**

Healing Phase usually means an increase of noticeable symptoms. Patients usually experience more pain and more fevers as the body goes through the natural process of inflammation, which is nature’s way of clearing out debris and toxins.

It is crucially important that during the Healing Phase appropriate *supportive* therapies are provided. This means using therapies that promote, strengthen and activate the body’s own natural healing processes.

Frequently the Healing Phase symptoms are interpreted as signs of worsening of the cancer. Standard medical treatments are often stepped-up such as using more chemotherapy or radiation therapy. Other medications such as antibiotics and steroids may be used in an effort to suppress these symptoms.

These symptoms are actually manifestations of the body’s Healing Phase response. Suppressing the healing response can actually result in a re-kindling of the original problem, causing the brain and nervous system to search for different locations to manifest tumors. This is the basis of relapses or recurrences of cancer.

# **Specific Therapies at Medicine of HOPE - the Integrative Medicine Program of Care™**

## **An Integrative Medicine Program of Care™ Is Designed to Meet Your Specific Needs**

People are pleasantly surprised to learn that an Integrative Medicine Program of Care™ is designed specifically for them, based on their own unique needs.

Each Integrative Medicine Program of Care™ includes some of all the component therapies and techniques we have available. These are combined to develop a treatment schedule that will be meaningful and provide the best opportunity for each patient to achieve their definition of “success”.

The details of each patient’s Integrative Medicine Program of Care™ are based on their needs as an individual rather than on some pre-determined set of protocols.

## **BioScan**

Homeopathic Medicines are among the most gentle yet the most powerful forms of healing therapies available in the world. BioScan testing is used to make Homeopathic Medicines that identify and gently release biologic conflicts - the real causes of cancer. Once the conflicts are released the results are generally permanent.

It takes time to get best results using the BioScan, so this process is repeated weekly during your treatment. **Consistency in using Homeopathic Medicines that work to gently release biologic conflicts is the most important cornerstone of your treatment program.**

## **Intravenous Therapies**

### **❖ Insulin Potentiated Targeted Low-Dose® Chemotherapy (IPTLD®)**

**Not all cancers should be treated with chemotherapy!** However, for those patients who will benefit from chemotherapy, IPTLD® is by far the safest way of using it. There are two major benefits of using IPTLD® chemotherapy. The first is that the drugs are targeted specifically to the cancer cells. The other is that the patient does not experience the common side-effects associated with standard chemotherapy such as: hair loss, nausea and vomiting, weakness with fatigue and a loss of the immune system’s ability to protect against other infections.

The use of “full-dose” chemotherapy will kill some cancer cells which will have the appearance of “improvement”, but only for a limited time. Because the reason that the cancer is growing has not been changed the cancer will look for a way to return. It tends to grow even more aggressively in other places and is more difficult to control than before.

Chemotherapy is always harmful to the body in some degree. So it makes sense that when chemotherapy really is needed, to use it in a way that gives the patient its therapeutic benefit while protecting them as much as possible.

(Note: Please reference page 20 for a more complete description of IPTLD® and how it is administered).

### **❖ Insulin Potentiation Therapy - Homeopathic (IPT/Ht)**

Medicine of HOPE™ has developed a unique way of using a complex of homeopathic medicines to reach deeply into the body to help release and remove toxins and to gently yet powerfully stimulate the natural repair and regrowth process. Insulin Potentiation Therapy - Homeopathic is administered in similar manner to IPTLD®, except that natural homeopathic medications are used in place of chemotherapy drugs.

Using homeopathic medicines in this manner is one of the best ways to take advantage of the Gentle Healing Power of Nature.

❖ **Intravenous Oxidative Medicine**

Cancer cells can thrive and grow only in an oxygen-poor environment. Oxidative Medicine uses megadoses of Vitamin C and various forms of oxygen to increase oxygen levels and therefore the oxidative stress in and around cancer cells. Oxidative Medicine is a completely safe and natural alternative to using IPTLD® with chemotherapy.

❖ **Chelation Therapy**

Chelation Therapy means a series of intravenous treatments to rapidly reduce the body's burden of toxic heavy metals such as lead, cadmium, mercury, and aluminum. Heavy metals act as catalysts, or promoters of oxidative stress and damage in the body. Reducing the overall burden of these metals allows the body to heal much more rapidly and completely.

Enhanced Chelation Therapy is a slightly different formula designed specifically for patients who are highly toxic with mercury or who have had prior chemotherapy with medicines containing *platinum*.

A **Heavy Metals Challenge Test** is done at the beginning of a course of Chelation Therapy. The Heavy Metals Challenge is an Enhanced Chelation Treatment that is followed by a timed urine collection. A sample is taken and sent to a lab. A printed report soon follows that documents how much of which specific metals may be in your system. Based on this result a Heavy Metals Index is calculated. The normal, safe level of the Heavy Metals Index is 1. Anything greater than 1 represents a toxic, unhealthy level of these metals in the body. The Heavy Metals Challenge test is the best way to provide guidance about how many Chelation Therapy treatments you will need.

**Nutritional Medicines**

❖ **Whole-Food Supplements and Herbal Medicines**

One of the most important cornerstones for supporting cancer patients in their recovery efforts is having a reliable source of balanced, whole-food nutrition. Over-the-counter “vitamins” and many supplements are made synthetically, artificially produced in a laboratory. The human body is not made to use synthetic products for its food and nutritional needs; we are designed to use nature's own foods that are grown outside in the sun, rain and soil. Plants have the exquisite ability to capture the sun's energy and use it to convert simple dust of the Earth into living, organic sources of food and energy for our bodies.

Taking the right whole-food nutritional supplements on a daily basis provides the raw materials and building-blocks for normal, healthy cellular metabolism. Every Integrative Medicine Program of Care™ includes a prescription of a wide spectrum of organically-grown, whole-food products and herbal medications.

❖ **Homeopathic Medicines**

Homeopathic medicines are made from micro-doses of natural products. They do not have a direct effect on the body or its cells. Homeopathic medicines have their effect by stimulating natural body processes and helping them to work more efficiently. They make it easier for the body to perform its natural functions.

Homeopathic medicines have the ability to reach deep down into our cells to stimulate the release of toxins. They also can guide the healing process in a way that “reminds” the body what

normal, healthy function of each organ and system of the body should be. Homeopathic medicines are safe and have no side-effects.

They can be used in either the Conflict Phase or Healing Phase of cancer. They have different purposes and are formulated specifically for the characteristics of each phase.

### Energy Medicine

- ❖ Eden Energy Medicine
- ❖ Healing Touch
- ❖ Quantum Energy Therapy

Energy Medicine refers to a wide variety of techniques that help re-balance the body's natural patterns of energy flow. Electrical energy flows in the nerves and major organs. It is easy to see its effects such as monitoring the beating of the heart and the movement of muscles.

“Life-Force” energy is more subtle and flows in ways that allow us to test its effects. Challenging muscles and watching the responses opens a window that shows us if the life-force energy is freely-flowing or if it is restricted somewhere.

Freely flowing energy always means balance and good health, restricted energy flow always leads to imbalance and health issues.

Symptoms of imbalanced energy flow include pain, restricted movement of joints, organs that don't work quite right, and of course the growth of tumors and cancer.

**The people who have the best results and enjoy their definition of “success” at Medicine of HOPE™ are those who practice daily at keeping their energy patterns freely flowing and balanced.**

### Manual Therapies

- ❖ Brain Balancing
- ❖ Lymph Drainage Therapy
- ❖ Oncology Massage Therapy
- ❖ Osteopathic Manipulation

Manual Therapies assist your body and spirit in the constant pursuit to restore you to health. By integrating Western and Eastern modalities, manual therapies can help boost the immune system, strengthen compromised body organs and systems, improve emotional and physical health and enhance feelings of well-being.

### Mind/Body Medicine

Your body can only respond to and fulfill the thoughts and feelings that we give to it through your mind. Feelings of harmony and balance contribute to healing the body, while feelings of conflict, disharmony and imbalance lead to disturbances in the body. It is as if feelings are a “command”, a set of orders given from the mind for the brain/body complex to carry out and fulfill through physical manifestation.

Special techniques are used to gently help each patient get in touch with lingering emotional conflict beliefs that may be holding them back. These techniques are designed to help restore the natural harmony and balance of the mind, and therefore the normal, healthy function of the body.

Identifying and releasing these conflict beliefs opens the way for genuine and lasting healing to move forward. When the mind is healthy, the body must and can only be healthy also.

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**It is through Mind/Body Medicine that the transition from Conflict Phase to Healing Phase is accomplished. Mind/Body Medicine is one of the most powerful healing techniques available in Integrative Medicine.**

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**Healthy Eating and Lifestyle**

❖ **Fortified Natural Food Diet for Healing and Energy:**

Our dietary recommendations are based on the following principles:

- ▶ The cells that make up our bodies need specific nutrients and the health of the cell determines the health of the body. The best foods to nourish our cells are natural, organic whole foods, raised with traditional methods of agriculture and animal husbandry, without the use of petrochemicals, synthetic ingredients or hormones.
- ▶ Unfortunately, the soil is not as rich in nutrient content as it used to be, vegetables and fruits are not eaten when they are picked and they lose nutrients during transportation, and we don't always eat as well as we should. Therefore we fortify the diet with supplements made from organically grown whole foods according to your specific needs.
- ▶ Eat for your metabolic type. You can't fill your car with diesel fuel when it was designed for gasoline and expect it to run at peak performance. The efficient functioning of your immune system is greatly dependent on how successful you are in meeting your genetically based needs for nutrition.
- ▶ Keeping the proper Alkaline-Acid ratio with each meal is important.
- ▶ The efficacy of food as medicine hinges on its ability to support and stimulate the immune system. Conventional chemotherapy seriously damages the immune system. If you had those treatments, it is more difficult and takes longer to repair body functions with food. Adding homeopathic medicines and herbs greatly aids the repair process.
- ▶ Our testing methods take the "guess work" out of selecting the diet, whole food supplements, herbs and homeopathic medicines suitable to your individual needs.
- ▶ True healing includes a profound change on the emotional-spiritual level, and a subsequent change in one's attitude toward life. In cases of serious illness, the best diet in the world is only minimally effective without that inner change.

In general, the diet consists of the following health supporting food groups, the proportion of each is determined by our testing for your genetic make-up:

- ▶ Eat only natural, organic, seasonal, locally grown whole foods.
- ▶ Lightly cooked and raw fresh vegetables, fresh vegetable juices, small amounts of cooked and raw fruit.
- ▶ Whole grains and nuts that have been prepared by soaking, sprouting or sour leavening to neutralize phytic acid and other anti-nutrients.
- ▶ Small sized, wild caught fish (salmon, orange roughy, cod, pollock, sole).
- ▶ Naturally raised beef, buffalo, lamb, poultry, game and eggs (if needed, small amounts)

- ▶ Yogurt, cultured butter (small amounts).
- ▶ Traditional oils, such as extra virgin olive oil, expeller- expressed flax and sesame oil, coconut oil.
- ▶ Home-made meat stocks from the bones of chicken, beef, lamb and fish, use them in soups and sauces.
- ▶ Unrefined Celtic sea salt and a variety of herbs and spices for food interest and appetite stimulation.
- ▶ Natural sweeteners in great moderation such as raw honey and maple syrup.
- ▶ Filtered water for cooking and drinking. Carry water in stainless steel bottle, NOT plastic
- ▶ Make your own salad dressing with raw vinegar, extra-virgin olive oil or flax oil.
- ▶ Chewing your food at least 30 times and thinking positive thoughts while you are eating helps digestion.
- ▶ Cook only in stainless steel, cast iron, glass or good quality enamel pots and pans.
- ▶ **DO NOT MICROWAVE!**
- ▶ Get plenty of sleep, light exercise and natural light.
- ▶ Practice forgiveness.

# **Insulin Potentiated Targeted Low-Dose<sup>®</sup> Chemotherapy (IPTLD<sup>®</sup>)**

IPTLD<sup>®</sup> is one of the most innovative techniques in cancer therapy that has come along in the last century. IPTLD<sup>®</sup> allows small doses of chemotherapy drugs to be used. The advantages of using small doses is that the drugs become targeted directly to the cancer tissues and not the healthy tissues, and any side-effects are very mild and easily tolerated.

This allows for the therapeutic benefit of selectively targeting cancer cells, while protecting the person from common side-effects of the medications themselves. By selectively targeting cancer cells with chemotherapy drugs, IPTLD<sup>®</sup> can be a positive alternative to the harmful side effects of conventional chemotherapy.

Individuals with cancer can participate fully in their recovery, incorporating nutrition, energy and mind-body medicine into their lives for the benefit of their physical and emotional well-being.

## **How Insulin Potentiated Targeted Low-Dose<sup>®</sup> Chemotherapy Is Administered**

IPTLD<sup>®</sup> treatments are usually done in the morning. The patient must have been fasting since midnight the night before. They should bring a good, solid meal with wholesome foods including fats and proteins with them.

An intravenous line for fluids is started, and the initial blood sugar level is taken. Extra insulin is given to cause the blood sugar level to begin to go down. It takes about 25-35 minutes for the blood sugar level to become low enough to begin to experience mild symptoms.

At this time low-doses of the chemotherapy medications are given. This takes about five minutes. When this is finished, extra glucose is given to the IV line and the patient can eat their meal. This is to promptly return their blood sugar levels to normal.

## **Why IPTLD<sup>®</sup> Works**

All cells in the body use blood sugar and oxygen to make energy for their metabolic needs and to reproduce themselves. Healthy cells use a process called *oxidation*, while cancer cells must use a process called *fermentation*.

### **Oxidation**

Healthy cells use a process of making energy called *oxidation*. Oxidation involves burning sugar in the presence of oxygen. Oxidation makes energy for the cell and its by-products are water and carbon dioxide.

Cells use the natural hormone *insulin* to allow sugar to come into the cell from the bloodstream so it can be used for fuel. Insulin transports sugar from the bloodstream across the cell membrane to the interior of the cell, where it is converted into energy which is needed for the metabolism and reproduction of the cell. Cells must have *insulin receptors* on the outside of their cell membranes for this to work. Insulin receptors act like keys that open the doors to let in more sugar. The more energy needs the cell has, the more doors are opened and the longer they stay open.

Oxidation in healthy cells is very efficient in making energy from blood sugar. Oxidation yields about 38 units of energy for each molecule of blood sugar used.

## **Fermentation**

Cancer cells need as much energy as healthy cells, but cannot use oxygen to burn sugar. So they must use a process called *fermentation*. Fermentation makes energy, but this process is very inefficient compared to oxidation. Fermentation yields only about 4 units of energy per sugar molecule. So, cancer cells must take in and use a lot more sugar molecules to keep up with their energy needs.

To allow cancer cells to take in more sugar they have to have more insulin receptors to open more doors. In fact, cancer cells have about 6 to 10 times more insulin receptor sites than normal, healthy cells do.

## **Targeting Chemotherapy Drugs**

Giving extra insulin causes the insulin receptors of the body to be activated. More sugar than usual moves into the cells and this reduces the sugar level in the bloodstream. Healthy cells can draw on energy reserves and tolerate low blood sugar levels for a short while.

Cancer cells don't have energy reserves. As the blood sugar levels go down, the "food" for the cancer cells dwindles and it becomes more difficult for them to keep making energy. Cancer cells are forced to activate their insulin receptors and keep their doors open longer to try to compensate for the lower blood sugar levels.

As a result cancer cells become much more susceptible during this time of low blood sugar. They will easily take-up a solution of sugar that has been mixed with low doses of chemotherapy drugs. The result is that the small doses of chemotherapy drugs are driven right through the open doors to directly target the cancer cells, while leaving the rest of the body unharmed.

## What Does “Success Rate” Mean to You?

One of the most common questions and the most difficult to answer well is “What is your success rate”?

### No Standard Definition for “Success Rate”

There is not a good definition of the term ‘success rate’ for cancer patients anywhere in the medical literature. Because of that, ‘success rate’ always has a different meaning to the person asking this question than it does for the person trying to answer it.

Due to the lack of a uniform definition of ‘success rate’ we as doctors and patients must define for ourselves what ‘success’ means when asking and answering this question in the context of treatment outcomes for cancer patients.

### What is Your Definition of “Success”?

Success can be defined as achieving complete remission of cancer for many years. In fact, a complete remission for 5 years is generally considered a “cure”. That is because statistically, the majority of recurrences in cancer occur more than 5 years following initial remission.

Success can also be defined as improving one’s quality of life, extending life far beyond what would have been expected otherwise, preventing a surgery, or living with cancer as a chronic disease rather than dying because of it.

Those who come to us with open minds and have not had prior conventional medical treatments have naturally stronger systems to begin with. These people are more likely to meet their definition of success in less time and with less effort.

Those who have already had extensive chemotherapy, radiation therapy and/or surgery will have the side-effects of these therapies to overcome in addition to a more compromised immune system. These people are often able to achieve their successes also, it just takes more time and more work.

### Dr. Ryke Hamer Had Over a 90% Survival Rate in “Terminal” Cancer Cases

Our Integrative Medicine Program of Care™ incorporates methods of identifying and treating the *underlying causes of cancer* that were developed by a German physician in the 1980's. Dr. Ryke Hamer was an oncologist in charge of a large cancer treatment center in Germany.

Dr. Hamer experienced a sudden and severe emotional trauma; his son was accidentally shot and subsequently died in his arms. A few months later Dr. Hamer developed testicular cancer.

Dr. Hamer realized that his cancer was probably related to his reaction to his son’s sudden and violent death. He began to look into the history of the patients in his cancer clinic and found a striking correlation between the timing of their experiencing a highly stressful emotional event and the subsequent development of their cancers.

As Dr. Hamer began to research this further he was able to release the emotional conflict aspects of his emotional reaction to his son’s death, and then he recovered from his testicular cancer. He then developed means of helping his cancer patients find the roots of their deeply-based emotional memories. In helping his patients release those, Dr. Hamer ultimately documented over 6,000 patients out of 6,500 “terminal” cancer patients who were still alive 4 to 5 years later.<sup>3</sup>

**Dr. Ryke Hamer had over a 90% survival rate of patients who were diagnosed and treated for various forms of stage 4 “terminal” cancer. That could be used as a good definition of “success rate”.**



## A Comparison Table of Conventional Medicine vs. Integrative Medicine

Topic	Conventional Medicine & Major Cancer Treatment Centers	Medicine of HOPE™ - Integrative Medicine
<b>Doctor</b>	<ul style="list-style-type: none"> <li>▶ DO or MD - Physician licensed to practice medicine.</li> <li>▶ Uses any or a combination of the three standard medical treatments for cancer; chemotherapy, surgery, or radiation therapy.</li> </ul>	<ul style="list-style-type: none"> <li>▶ DO and MD(H)</li> <li>▶ In addition to being licensed as a DO, Dr. Schwengel also has a license in Homeopathic and Integrated Medicine.</li> <li>▶ This allows Medicine of HOPE™ to provide many more options for developing Integrative Medicine Programs of Care™.</li> </ul>
<b>Chemotherapy</b>	<ul style="list-style-type: none"> <li>▶ First of three major categories accepted by conventional medicine to “fight” cancer.</li> <li>▶ “Maximum Tolerated Dose” of chemotherapy is commonly used.</li> <li>▶ “The more the better”, to kill more cancer cells</li> </ul>	<ul style="list-style-type: none"> <li>▶ Insulin Potentiated Targeted Low-Dose® Chemotherapy (IPTLD®)</li> <li>▶ Selectively targets cancer cells using much smaller doses of drugs.,</li> <li>▶ Full therapeutic benefits without the debilitating side-effects.</li> </ul>
<b>Chemotherapy, Side-Effects of</b>	<ul style="list-style-type: none"> <li>▶ ALWAYS has severe side effects.</li> <li>▶ Make use of other drugs in an effort to suppress or control manifestations of side-effects such as: hair loss, nausea and vomiting, immune system suppression, fatigue and loss of appetite with weight loss.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Very mild side effects.</li> <li>▶ If you do experience any noticeable side-effects you may be getting too much, or you have already had prior treatment with chemotherapy and what we are using has become too much for you.</li> </ul>
<b>Chemotherapy, Residual Effects of</b>	<ul style="list-style-type: none"> <li>▶ Toxic by-products remain in the body.</li> <li>▶ These are a “set-up” for inviting recurrence of the primary cancer and/or other, secondary cancers to develop.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Residual toxic by-products of chemotherapy are removed with Chelation Therapy.</li> <li>▶ Further detoxification of chemotherapy side-effects with Homeopathic Medicines and Lymph Drainage Therapy.</li> </ul>
<b>Surgery</b>	<ul style="list-style-type: none"> <li>▶ Second of three major categories accepted by conventional medicine to “fight” cancer.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Occasionally recommended when needed to help relieve pain or obstructions to major organs.</li> </ul>
<b>Radiation Therapy</b>	<ul style="list-style-type: none"> <li>▶ Third of three major categories accepted by conventional medicine to “fight” cancer.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Occasionally recommended when needed to help relieve pain or obstructions to major organs.</li> </ul>
<b>Immune System</b>	<ul style="list-style-type: none"> <li>▶ Severe compromise of the immune system and loss of ability to defend against infections.</li> <li>▶ Many deaths in cancer are directly from infections that follow chemotherapy because the immune system has become unable to protect the body from infections.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Always stimulates and strengthens immune system function. Enhances ability of immune system to recognize cancer cells and eliminate them safely and naturally.</li> </ul>
<b>Philosophy of</b>	<ul style="list-style-type: none"> <li>▶ Declare and fight a “War on</li> </ul>	<ul style="list-style-type: none"> <li>▶ Because tumors of cancer grow</li> </ul>

Topic	Conventional Medicine & Major Cancer Treatment Centers	Medicine of HOPE™ - Integrative Medicine
<b>Treatment</b>	<p>Cancer".</p> <ul style="list-style-type: none"> <li>▶ As if a tumor is separate from the body and should be treated as an "enemy" to be conquered ▶</li> </ul>	<p>from within, "fighting" tumors is essentially fighting against yourself.</p> <ul style="list-style-type: none"> <li>▶ Better to heal the whole person, and gently help reverse the causes of cancer.</li> </ul>
<b>Basis of therapy</b>	<ul style="list-style-type: none"> <li>▶ Use of pre-determined protocols that are based on name of diagnosis and staging.</li> <li>▶ These protocols come from published medical research, based on what is more effective at getting a pre-determined "result" in fighting the cancer or tumor.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Consideration for complete scope of needs; tumor control, nutritional needs, energy balance, toxic burden, mind/body medicine.</li> <li>▶ Treats the causes of cancer, in addition to helping control the tumor.</li> <li>▶ Treating the cancer/controlling the tumor helps to prevent growth and spread while real healing can move ahead.</li> </ul>
<b>Supplements</b>	<ul style="list-style-type: none"> <li>▶ Some doctors recommend the use of vitamins or supplements.</li> <li>▶ Usually these are synthetic or have been processed in a laboratory.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Medicine of HOPE™ makes extensive use of organically-grown, raw whole-food supplements, herbal medicines and homeopathic medicines.</li> <li>▶ Each prescription is tailored to your specific needs.</li> </ul>
<b>Personalized Medicine</b>	<ul style="list-style-type: none"> <li>▶ The new buzzword in medicine recently is about finding ways to make medical care more "personalized".</li> <li>▶ This is in contrast to treating everyone with the same diagnosis with the same drugs and the same protocols.</li> </ul>	<ul style="list-style-type: none"> <li>▶ At Medicine of HOPE, Integrative Medicine has always been personalized to each patient's unique and individual needs, and always will be.</li> </ul>
<b>Mind/Body</b>	<ul style="list-style-type: none"> <li>▶ Psychological counseling is occasionally recommended.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Special techniques are used to gently help patients get in touch with lingering emotional conflict beliefs that may be holding them back.</li> <li>▶ Identifying and releasing these conflict beliefs opens the way for genuine and lasting healing to occur.</li> </ul>

## Summary

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- ▶ Cancer does not “strike” at random, and it doesn’t happen without a reason or a cause.
- ▶ There is a biological purpose for cancer. That purpose is frequently directly related to how the unconscious mind deals with lingering biological conflicts that we carry. Biological conflicts are a direct result of how our bodies deal with emotional traumas.
- ▶ It’s not about “The Fight”! The key is to understand and explain why cancer is there. Then developing a meaningful treatment plan becomes very simple and straightforward.
- ▶ Integrative Medicine views cancer as part of the body’s natural responses to prolonged and unavoidable stressors in our lives.
- ▶ There are two phases of cancer, a Conflict Phase and a Healing Phase. The right therapies must be given during each phase to facilitate the natural healing process.
- ▶ An Integrative Medicine Program of Care™ will always include treating the causes of cancer as well as the cancer itself.
- ▶ Mind/Body Medicine is one of the most powerful healing techniques available in Integrative Medicine. Finding and releasing emotional conflict issues often leads the way for permanent healing of the tumors.
- ▶ When chemotherapy really is needed, there is much safer technique of using it called **Insulin Potentiated Targeted Low-Dose® Chemotherapy (IPTLD®)**.
- ▶ “Success rate” in cancer care does not mean the same thing to all people. “Success” is something that must be defined by each patient in a way that is meaningful to them.

## **3<sup>rd</sup> Opinion Consultation**

**A 3<sup>rd</sup> Opinion Consultation is the Starting Point of Finding Understanding and HOPE.**

### **There Are Two Easy Ways to Help You Decide**

**Medicine of HOPE™** offers **TWO EASY WAYS** to help you learn more and decide if treating the root causes of cancer should be a part of your cancer therapies, *before* you become a patient.

**First**, you may schedule a **FREE, 1/2-hour Telephone Consultation** with Dr. Schwengel to discuss your situation and to get some answers to your questions. **Telephone Consultations are ABSOLUTELY FREE.**

**Second**, you may schedule a **3<sup>rd</sup> Opinion Consultation**. A 3<sup>rd</sup> Opinion Consultation is an opportunity for both you and Dr. Schwengel to meet and begin to get to know each other. You will be introduced to the principles and methods that will be used in your treatment plan. During your consultation Dr. Schwengel will review your medical records and use advanced computer systems to gather information about the patterns of your energy fields.

He will give you an actual "3rd Opinion" about your cancer. This will include an interpretation of the biological purpose of cancer and the "why" behind the "where" that cancer has affected you. He will also explain several forms of natural treatment that many people may not even be aware are available.

You will begin to understand that cancer is a meaningful process of Nature and that Nature is not malicious. With that understanding you can begin to have genuine HOPE, knowing that as underlying causes are identified and released you can begin to take control over healing from the cancer, instead of the cancer controlling you.

You will then have the opportunity to review your recommended treatment plan with our staff to help you plan your treatment schedule and go over the anticipated fees, *before* you become a patient.

### **What to Expect During the Basic Course of Treatments**

On the basis of your Functional Health Profile and conventional laboratory tests Dr. Schwengel will design your treatment plan. You should plan to be at Medicine of HOPE™ Monday through Friday 2-3 hours per day. You will receive IV treatments and hands-on treatments every day during the week. Education and counseling on diet and lifestyle will also be provided.

An Integrative Medicine Program of Care™ refers to a basic course of treatments of 4-6 weeks. Most cancers grew for years in the body before they were diagnosed. The return to health also needs to take its own time, commonly 18 months to 2 years.

### **Follow-Up Care**

When the basic Program of Care is finished, the following recommendations are given for follow-up:

- ❖ Continue the health building food plan at home.
- ❖ Take the recommended nutritional and homeopathic medications.
- ❖ Keep on using the techniques you learned to balance your energy system, let go of conflicting emotions, relieve stress, etc.
- ❖ Have basic blood tests every month and specialized tumor markers every 3 months.
- ❖ In-office follow-up with Dr. Schwengel is recommended at bi-monthly intervals for the first 6 months and then as needed. This generally means twice a year if there is satisfactory progress.

**Patient Care Coordinator**

A Patient Care Coordinator will be assigned to oversee the administrative needs of your care. This includes maintaining your schedule of treatments to best fit your needs and making appointments for testing or other procedures such as IV Port placement

Your Patient Care Coordinator will be your direct communications link to the office. Any questions, problem or concern about your medical care or other needs during your treatment program can be answered by your Patient Care Coordinator.



**\*\*\* SPECIAL BONUS REPORT \*\*\***

## **Common Organ Correlations to Biological Conflicts in Cancer**

Emotional experiences that are either sudden and particularly intense or have been suppressed and gone on unresolved for long periods of time tend to become *biological conflicts*. These can often be traced back to show direct correlations to tumors in specific organs. The organ of involvement and which side it is on can often reveal important information about the nature of the biologic conflict.

There are several common themes surrounding feelings of many conflict issues, most of which are unconscious. Treating the causes of cancer always includes measures that invite patients to recall and briefly “relive” experiences of emotions that are at the source of their biological conflicts. It is during these moments that the technique of ‘clearing’ the conflict can be accomplished.

Examples of emotions that lead to biological conflicts include deep feelings of:

- ❖ difficulty letting go of anger, fear, or resentment;
- ❖ being unable to forgive someone;
- ❖ being judged by others even when it’s not really true;
- ❖ unworthiness;
- ❖ unbearable grief over the loss of a loved one;
- ❖ frustration with messy, “out of control” life situations;
- ❖ being unable to provide for or to protect someone adequately.

The organ of involvement and which side it is on can often reveal important information about the nature of the emotion that is being held there.

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### **Finding and releasing unresolved biological conflicts often leads the way for permanent healing of the tumors.**

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Following is a brief list of organs of involvement and some of the emotional conflicts that are commonly found to be associated with them.<sup>4, 5</sup>

**Note:**

For right-handed people the following is usually true:

- ▶ Issues that can be interpreted as relating to male figures , father/spouse, “responsibility of providing for” tend to show up on the right side.
- ▶ Issues that can be interpreted as relating to female figures , mother/child, “nurturing for the family” tend to show up on the left side.

This “sidedness“ changes and becomes the other way around for left-handed people.

- ❖ **Adrenal Glands**
  - Intense and prolonged stress, or feelings of having made a bad decision or being thrown off-course.
- ❖ **Bone**
  - Feelings of unworthiness or inadequacy, inability to move forward (as in life).
  - Right side - around a male figure; self, spouse or superior.
  - Left side - around a female figure; self, spouse or superior.
- ❖ **Breast**
  - Right side - Father/spouse relationships, constant worry, provider-related feelings of loss of protection.
  - Left side - Mother/child relationships, feelings of being unable to provide adequate nurturing or nesting.
- ❖ **Colon**
  - Ugly, indigestible anger, e.g. someone wrongly accused of serious crime or a prolonged and insidious conflict.
- ❖ **Kidney**
  - Feelings of abandonment, and/or not being cared for with overwhelming fear.
- ❖ **Liver**
  - Anger, unexpressed or being unable or unwilling to forgive; or fear of existence conflict, e.g. “starvation”.
- ❖ **Lung**
  - Conflict of a “death fright”, such as an unexpected shock of learning of a diagnosis of cancer elsewhere in the body, and having been given a “time limit” of life expectancy.
  - Right side - Unbearable grief or sorrow,
- male figure.
  - Left side - Unbearable grief, sorrow, female figure.
- ❖ **Lymph Nodes**
  - Feelings of being worthless, unworthy. Many times one begins to feel “worth less” upon hearing a diagnosis of cancer.
- ❖ **Ovaries or Testicles**
  - Right side - Unbearable grief or loss of a loved one, male.
  - Left side - Unbearable grief or loss of a loved one, female.
- ❖ **Pancreas**
  - Struggle or an anger conflict over a life issue, commonly with family members. The family member could be one’s “self”.
- ❖ **Prostate**
  - Conflicts of feelings of loss of manhood and virility, loss of masculinity.
- ❖ **Rectum**
  - Feelings of uncertainly, not knowing where to go or where to belong, not knowing what decision to make.
- ❖ **Thyroid**
  - Feelings of being powerless, or of not being “fast enough” to take advantage of an opportunity.
- ❖ **Uterus**
  - Not being able to hold onto “the baby” or something of high perceived value that she is unable to hold onto.

## Patient Stories

Disclaimer: Some of these stories come from cancer patients under the care of other doctors. All of them however are based on Integrative Medicine principles that are used at Medicine of HOPE, PC.

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### **Martin, July 2009**

A stage-3 colon cancer patient, I was becoming progressively weaker and less confident as I endured my first 6 cycles of traditional chemotherapy. Educating myself on homeopathic alternatives and, with my oncologist's blessing, I shut down my chemo halfway through its planned 12 cycles. Substituting a kinder, gentler but, to my mind no less effective treatment regimen, I initiated an aggressive alternative course of action with Medicine of Hope.

That was one a half years ago. Since then, my ongoing scans and blood workups indicate that I am cancer-free, with my strength and energy levels having long-since surpassed those of most guys my age. Fighting cancer is a marathon and not a sprint, but I feel very positive about a long and active future thanks to the ongoing efforts of Dr. Schwengel and his staff. When traditional medicine offers only tenuous, limited options, it pays to think outside the box!

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### **Dolores, June 2009**

It has been 3 ½ years since receiving the diagnosis of "Stage 4 breast cancer in the spine, ribs, and hips." At that point I could not stand on my own, much less walk or do much of anything to care for myself. My children were told to call in Hospice whenever they thought it was time. Praise God, He had another plan! Immediately after the diagnosis, I began taking a cancer inhibitor drug (meant to keep the cancer confined in the bones), using natural supplements to boost my immune system, and using the TensCam machine. Within four months, a PET scan showed there was no cancer in my body. I continue to have PET scans every six months and so far there still isn't any cancer.

I do continue taking the cancer inhibitor and supplements on a daily basis. I also use the TensCam machine daily. I am preparing to leave for Israel in a couple of weeks to help lead a conference and missions opportunity. This will be my seventh international trip since this diagnosis in November of 2005. I continually praise God for His healing of my body and I continue to do my part in trying to stay healthy. Use of the TensCam machine is a significant part of that.

*EDITORS NOTE: The TensCam device was ordered for control of cancer pain.*

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### **Lorene, April 2009**

#### **"Meet My Healer, Leukemia"**

In the winter of 2006, I was told I had a non-curable form of leukemia. Flash forward to winter of 2009. I am now in the fourth phase of healing, according to German New Medicine (GNM). My white cell count is falling and my body has begun to produce its own red blood cells. No more blood transfusions for me!

It has been a long three year journey of divine intervention, spiritual guidance, emotional healing, searching for answers while knowing God is good and would provide for us, for all of us in need, a need for a cure and a need for an answer to cancer. GNM is that answer.

I have never felt so much joy and bliss in all of my life not even when I recovered from Hodgkin's in 1998. Why not then? I had interrupted the complete healing process by taking chemo and radiation. I did not allow my psyche, mind and body to heal in its entirety. You know what they say, the knock becomes bigger. This time the knock on my door was not a light self devaluation conflict but rather a severe self devaluation conflict. Once I realized from GNM that all of my recent illnesses were related to worth, I noticed that my emotional healing had the same theme and that all of my perceived messages from others were about feeling less or unworthy, which made my addiction to work understandable. I was trying to fill a hole of worth that does not come from doing but from being. I did not have boundaries, none. Everyone was more important than me; but during my journey I knew that if I did not change, if I did not heal, if I did not come from a soulful place of behavioral changes, I would die.

GNM helped me to connect all the dots of information I have read about medicine, healing and alternative choices. The natural biological laws of GNM are simple, life is simple, and I am relieved to escape the panic rush of, first, finding an answer, and, second from disconnected information regarding illnesses, and, third from the vast amount of healing modalities and alternative methods. I too tried to juice, eat only raw foods, find the best and latest in supplements, detox from mercury and other toxicities and wondered what I had to do better or more of to reach spontaneous remission; talk about feeding my perfectionist tendencies. In the end, I knew that none of these things were harmful or curative. I now use them selectively instead of a means to an end.

It was the release of fear and comfortably settling into healing, eating protein and finding my body responding so well to meat - eaten daily; rest and digest in the healing phase as Dr. Hamer says - it works. Most importantly, I feel empowered, for it is no small feat to stand up to the medical establishment and it was not easy to stand up for myself in various aspects of my personal and professional life. I know now that I have the power to co-create (with God) my future. I look forward to serving others who have been in my situation.

**Addendum:**

My white cell count went from 145.4 to 13.9 in one week. My white cell count is currently 3.9 points outside the normal range. So, what does this mean? Once my white cell decreases all my other blood counts can normalize. Previously, my white cell count decreased but only 10 or 20% at a time, never 90+%. Just to remind you, my oncologist said my white cell count could not decrease without chemo, it would only continue to climb.

Thank God for Dr. Hamer and his discoveries that uncover the truth about our bodies and the loving support system God created for us.

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**Carol, March, 2008**

We are very, very disgusted with the medical system. They gave us absolutely no encouragement at all about looking into alternative medicine. It is very scary, doing our own research on our own. You trust the medical profession to do what's best, and they don't. They made many mistakes with the therapies. They are killing her with the treatments. That's why we are looking.

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**Paula, August, 2008**

Good doctors work with God.

## **A PERSONAL STORY OF A MEDICAL MIRACLE**

**by Dr. Schwengel**

**July, 2009**

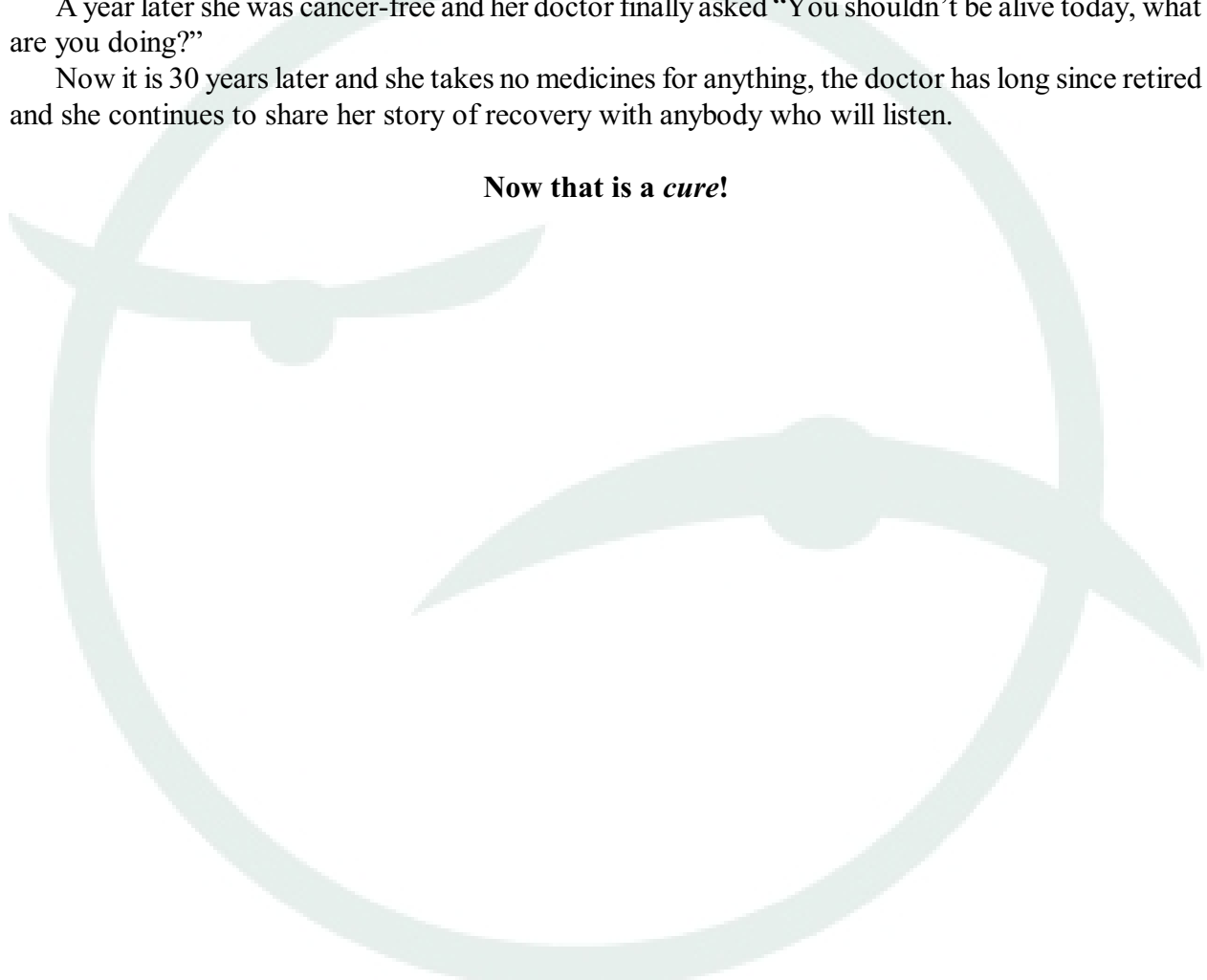
The doctors told my mother she had advanced cancer - melanoma and lymphoma. She could not even go home, she was already scheduled for surgery the following morning. The surgery removed some of her tumor mass, but the cancer was widely spread and she was given just 6 months more to live if she took chemotherapy and radiation, 3 months if she did not.

She began a program of whole-food nutrition using lots of fruits and raw vegetables with juicing several times daily, along with an intensive program of nutritional supplementation. Her sister and mother moved in with her to help. She also began to heal her relationships - mostly with herself.

A year later she was cancer-free and her doctor finally asked "You shouldn't be alive today, what are you doing?"

Now it is 30 years later and she takes no medicines for anything, the doctor has long since retired and she continues to share her story of recovery with anybody who will listen.

**Now that is a *cure!***



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- (3) - <http://www.germannewmedicine.ca/>
- (4) - Hamer, Dr. med. Mag. theol. Ryke Geerd, Scientific Chart of Germanic New Medicine, Alhaurin el Grande, Spain; Amici di Dirk<sup>®</sup>, Dec. 2007.
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## Brief Biographies



### **Dr. Charlie Schwengel and Malonie Gabriel are a husband and wife team.**

Dr. Charlie maintains licenses in both Osteopathic Medicine as well as Homeopathic and Integrated Medicine. This is a special license that allows doctors to practice various forms of holistic medicine. He is specially certified in Insulin Potentiated Targeted Low-Dose<sup>®</sup> Chemotherapy.

Malonie Gabriel is a Licensed Massage Therapist specializing in Lymph Drainage Therapy, Oncology Massage and Zen Shiatsu. She is certified in Eden Energy Medicine and is a Healing Touch practitioner.