

ENERGY MEDICINE

A complementary therapy
to cancer and chronic
illness treatment

Medicine of **HOPE**



What is energy medicine and how it is different from Western medicine?

Energy medicine proposes that the universe and everything in it is made up of energy.

Even matter, as Einstein's formula ($E=mc^2$) shows, is congealed energy. The term "subtle energy" was first used by Albert Einstein to describe the minute, ongoing interrelationships between subatomic particles. It appears that a vital force, known for thousands of years in China as "chi", in Japan as "ki", in India as "prana", is the very essence of the universe and is in continuous interaction with matter. In the past hundred years, the term field has come into use in scientific terminology to describe an invisible and nonmaterial emanation from an object. Increasing scientific evidence, especially from quantum physics, holds that all bodies, from the atom and subatomic particles to the earth itself, have their own fields, whatever size they may be.

Western medicine is based on the biochemical concept, meaning that all major life processes are chemical in nature. In Western medicine, the basic role of a gene - instructing its cell to produce a particular protein or other molecule - is well understood. Each cell undergoes some 100,000 chemical reactions per second, many of them regulated by the expression of the genes in its nucleus. What is not understood, however, is how these chemical reactions are coordinated with the actions of the body's other 50 trillion cells. Genes seem to be informed of what is occurring all over the body and give their instructions as if they "knew" what is needed from them in relationship to it all.

Western medicine hasn't identified chemical mechanisms that inform the gene about the state of the entire body. That is why scientists

from a variety of disciplines - including biologists, physicists and neurologists - have postulated that organizing fields direct biochemical processes as decisively as magnetic fields align metal filings. Within these fields, biological information is transmitted to genes, neurons, and other governing

mechanisms.

The three major aspects of this electromagnetic information processing system correspond with energy systems that have been described in the healing traditions of other cultures. Specifically:



1. **Biofield - Aura:** We are an energy or vibrational matrix of which the physical body is the most visible and dense. Our other fields/bodies lie outside our normal range of vision (from dense to finer vibration): the etheric field (physical double), emotional, mental and spiritual fields. These fields interpenetrate and interact with each other. Fields bring objects separated by space into relation with each other. We interact with our environment through our biofield.

2. **Local fields** concentrated in specific areas of the body - Chakras: Whirling vortices of energy located on the midline of the body and the human spine, from the base of the tail bone to the area above the top of the head. They act like energy transfer stations. They allow the inflow of energy from the Universe to enter the body, they allow this energy to be dispersed throughout the body, and they permit release, or outflow of excessive, unneeded energy.

3. **Pathways that regulate the flow of energy within the body** - Meridians: They form the electromagnetic circuitry of the human body, while hundreds of acupuncture points form the relay stations or boosters of these circuits.

Energy healers believe that the human body is a system of living energy

This three-fold subtle energy system is continuously interactive within itself and with all other human informational systems, such as the blood circulation, lymph flows, chemical messengers, neural pathways. These interactions are vibrational in nature. Vibratory patterns are evidenced in the human body and can be measured with current medical diagnostic tools, (x-rays, electrocardiogram, MRI, etc.) In fact, medicine is quickly becoming vibrational as scientific advances move forward at an ever-increasing pace according to Richard Gerber, M.D., author of the book "Vibrational Medicine".

Energy healers believe that the human body is a system of living energy, not just the sum of its

parts. The recognition of the human being as a multidimensional field with energy as its dynamic force holds many implications for healing work. The mechanistic view of the body as a machine with replaceable parts gives way to the vision of each of us as a whole human being who is at all times interconnected with the environment.

Practical Applications

Healers do not do the healing. It is accomplished by reinforcing and supplementing the individual's own innate capability for self-healing. In energy medicine, we assess the energy field, looking for disruptions and imbalances in the body's energy system. Treatment is designed to correct such imbalances. Energy medicine, in

fact, offers methods that instantaneously affect the entire body. The mechanism by which it is possible for energy interventions to have this holistic influence is the body's connective tissue, which healers and some scientists believe is a communication medium, "a liquid crystal electrical semiconductor", "the internet of our being". Through the connective tissue energy interventions can simultaneously be brought to every cell of the body.

Impaired, blocked or diminished biofield, chakra or meridian function has profound effects on biological, emotional, mental and spiritual

health. Besides a healthy diet, stress reduction and other common sense steps for better health, building resilient energy patterns to counter illness and enhance health are also vitally important. Using energy medicine as a self-care system, individuals can be taught to assess their energy system and to implement procedures, exercises and postures to correct imbalances.

Since the body is electric and chemical, that is an electro-biochemical mechanism, healing would be faster and more complete if we integrated the two systems.



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Bio man art courtesy of artist Juan Yusta, juanyusta@hotmail.com



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